

Monica Fitzpatrick - CPD Officer with the following Professions

ACADEMY OF CLINICAL SCIENCE AND LABORATORY MEDICINE

ASSOCIATION OF CLINICAL BIOCHEMISTS IN IRELAND

BIOMEDICAL & CLINICAL ENGINEERING ASSOCIATION OF IRELAND

IRISH ACADEMY OF AUDIOLOGY

IRISH ASSOCIATION OF ORTHOPTISTS

IRISH PLAY THERAPY ASSOCIATION

PHLEBOTOMISTS ASSOCIATION OF IRELAND

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Joint CPD Event 26th February 2016

- ▶ Today's event is centred around the building blocks of CPD for each group. No matter what stage you are at in your CPD cycle the theme of today's joint CPD event is to encourage, inform, educate and support you in your Continuous Professional Development.
- ▶ In my role as CPD Officer, I work with seven professions, it is important that we gain knowledge of each professional practice under this umbrella. Three professionals were available to speak today and give some insight into their professional practice, Biomedical Engineers, Orthoptists and Audiology, and the next time we have a joint event, the remaining 4 professions will tell us about their practice.
- ▶ We will be covering Quality of CPD points, Where to find Research topics, CORU and Statutory Registration, Competency to CPD, Updated research on Resilience, Introduction to Reflective Learning, and Personal Management through Microsoft outlook.

There are three universal stages to participation in a CPD programme

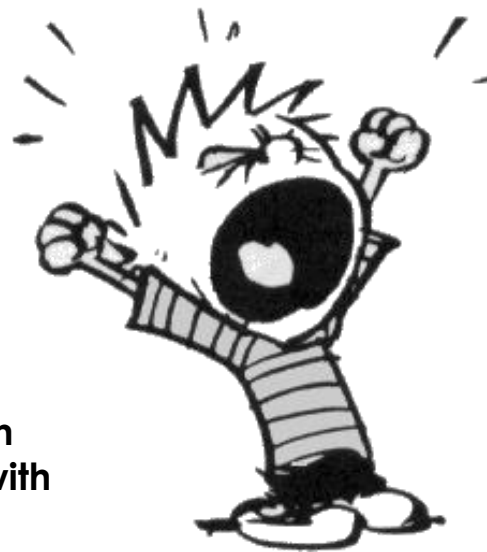
I'm not doing it until statutory registration comes into effect

Are they having a laugh
I don't have the time!

*I WORK PART TIME
NOW WHAT WILL I DO*

I'll be retiring soon
might get away with
it.....

STAGE ONE



*I'LL NEVER GET THE
TIME AWAY
FROM WORK*

Where will I start

angry, frustrated, overworked, under pressure

WHAT CAN YOU DO

Only work on the things you have control over

(time off not possible to attend events? then its time to investigate other options,
discuss with your Manager a win/win situation that would benefit both you and your colleagues)

Build the habit of thinking and recording

(you are more than likely participating in activities that would be accredited with CPD points,
start recording those and get the recognition)

Make a promise to yourself and keep it

Stage two – right I'll just do it – MULTI-TASKING

I have 21 points.

Add 7 for maintaining CPD = 27

Add 6 for today's talk = 33

Add 3 for reflection = 36

Add 3 In-house talk = 39

I HAVE 50 POINTS – I win

I don't know what I learned but I got 50 points this year.



WHAT CAN YOU DO

Widen your the range of activities

Reflect on the quality of your learning

If you didn't learn something don't record it

Maturity – Get the Balance right



ThinkQuality of Learning

ThinkReflectively

ThinkRange of activities

ThinkPersonal Development

Thinkyour responsibility

Think what do I have control over

Range of Activities

General rule of Thumb = 1 point per hour

Continuing Education

- ❖ Journal Clubs / In-house talks
- ❖ National and International Conference
- ❖ Workshops
- ❖ User group /talks and training
- ❖ Case Studies
- ❖ Grand rounds
- ❖ Multi discipline talks
- ❖ Research

Lecturing/Teaching

- ❖ Supervision
- ❖ In-house lectures
- ❖ National/International Lectures
- ❖ Mentoring
- ❖ Reflective Learning
- ❖ Organise
- ❖ Webinar

Other Activities

- ❖ Professional membership and participation
- ❖ Author Peer Review
- ❖ Scientific Publication
- ❖ Research
- ❖ Short Paper
- ❖ Poster at event
- ❖ Article Review



1. Recording your CPD is your responsibility
2. Make a promise to yourself and keep it
3. If you didn't learn something – then don't record it
4. Start to work on the things you have control over

- ▶ 15 - 20 Minutes per person
- ▶ Free to attend
- ▶ During the working day
- ▶ Bring your folder
- ▶ Bring your prepared questions
- ▶ Based in Hospitals
- ▶ I will email a poster to each group, please pass to your members they can arrange a time slot for the day
- ▶ Work together to promote CPD



The Academy of
Clinical Science and
Laboratory Medicine



Association for
Clinical Biochemists
in Ireland



Aontas Bitheleighis Innealtóireacht na hÉireann

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